

How to Select a Primary Care Physician (PCP)

One of the ways to most effectively manage your health is through a personal relationship with a Primary Care Physician (PCP). **If you enroll in the Primary or Primary + medical plans, you must have a PCP on file for yourself and your covered family members before seeking medical care.** (If you are currently enrolled in one of these plans your current PCP ID # is displayed on the enrollment screen.)

- A PCP can be family practice, general practice, internal medicine, pediatrician, or OB/GYN.
- Your PCP must refer you to see any specialists. Exception: A referral is not needed to see an OB/GYN.
- Each covered family member can have a different PCP, or the same PCP.

If you are currently enrolled in the Primary or Primary + plan:

- Your current PCP ID # (as of May 10, 2021) is displayed in our enrollment system for your reference. If you need to change your PCP, follow the instructions at the end of this document to make the change directly with BCBS. Otherwise, please continue with your enrollment submission.

For new enrollments, you may choose a participating PCP by following the instructions below:

- Click on the [Provider Search link](#) and select the appropriate plan
- Search by doctor in the desired zip code
- Find the **10-digit PCP ID** for your physician (see image below)
- Copy and paste the PCP ID into the PCP field during online enrollment.

Provider Highlights

Steven B Dobberfuhl, MD

PCP ID: H08001K201

LOCATION
7201 Manchaca Rd Ste B, Austin, TX 78745

[Get directions](#)

CONTACT INFORMATION
Phone: 512-443-3577

Coverage Level:

Select:

Employee Only

Employee & Spouse

Employee & Child(ren)

Employee & Family

Waived - PISD Spouse

Waived - Split Other District -F

Waived - Split Other District -S

Select	Relationship	Member	Gender	BirthDate	Primary Care Provider
<input checked="" type="checkbox"/>	Policy Holder	Doe, Jane	F	05-25-1965	

You will receive an ID card with your PCP's name on it.

Blue Cross BlueShield of Texas

Subscriber Name: _____ TRS-ActiveCare Primary

Member Name: _____

Identification Number: T2U123456789

Group Number: 385803

Coverage Dates: 09/01/20

PCP: First Last Name MD
999-999-9999 09/01/20
Referrals Required

PCP Specialist \$30/\$70

Urgent Care \$50

TRS-Virtual HHS \$0 Medical

TRS-Virtual HHS \$70 Behavioral

If you need to change your PCP after your enrollment is complete:

- Contact TRS-ActiveCare customer service at 1-866-355-5999; or
- Go to www.bcbstx.com/trsactivecare
 - o Login to Blue Access for Members
 - o Click on the Doctors and Hospitals tab
 - o Click on Change Primary Care Physician (Provider)
 - o Use the drop-down menu to choose the reason, and then click on PCP request change
 - o Search for a new PCP by name, specialty, or location
 - o Click on the circle next to the name of the PCP you choose