



Expenses that qualify for reimbursement from TASC HSA



Below is a partial list of permissible expenses reimbursable through a Health Savings Account (HSA) that are incurred by you, your spouse, or qualified dependents.

Medical Expenses

- Acupuncture
- Artificial limbs
- Bandages
- Birth control, contraceptive devices
- Birthing classes/Lamaze – only the mother’s portion, not the coach/spouse (*birthing instruction only*)
- Blood pressure monitor
- Blood sugar test kits/test strips
- Chiropractic therapy/exams/adjustments
- Co-payments
- COBRA healthcare premiums
- Crutches (*purchased or rented*)
- Deductible and co-insurance
- Dental services
- Diabetic supplies and Insulin
- Flu shots
- Hearing aids and batteries (*warranties excluded*)
- Heating pad
- Incontinence supplies
- Infertility treatments
- Lactation expenses (*breast pumps, etc.*)
- Legal sterilization
- Medical supplies to treat an injury or illness
- Mileage to and from doctor appointments
- Nasal strips
- Optometrist’s or ophthalmologist’s fees
- Physical exams
- Physical therapy (*as medical treatment*)
- Sales tax on eligible expenses
- Sleep apnea services/products (*as prescribed*)
- Smoking cessation programs
- Treatment for alcoholism or drug dependency
- Vaccinations
- Wrist supports, elastic wraps
- X-ray fees

Vision Expenses

- Eye exams
- Eyeglasses, contacts, or safety glasses, *prescription only (warranties excluded)*
- Contact lens and contact lens solutions
- Laser eye surgery; LASIK

OTC Medicines and Drugs

Over-the-counter (OTC) medicines and drugs, except for insulin, require a prescription from your physician to be reimbursable from your TASC HSA. The prescription must be included with each request for reimbursement. Disbursements of OTC health-related supplies continue to be eligible *without* additional documentation.

- Bengay, Flexall, pain relieving creams or gels
- Calamine lotion
- Canker/cold sore relievers
- Cold medicines
- Diaper rash ointment
- GasX, baby gas drops
- Hemorrhoid creams and treatments
- Hydrogen Peroxide or rubbing alcohol
- Indigestion or anti-acid relievers
- Laxatives
- Nicotine patch
- Pain relievers (*Tylenol, Advil, Aspirin, etc*)
- Sinus medicines
- Suppositories
- Teething gel
- Wart removal medication

For individuals over age 65:

- Medicare Parts A or B
- Medicare HMO premiums (*Medigap insurance premiums do NOT qualify*)
- Health insurance premiums while receiving unemployment compensation
- Employee share of premiums for employer-sponsored health insurance, including retiree health insurance (*if not already taken before taxes*)

